

## SHORT COURSE

HLTAID011  
Provide First Aid

HLTAID009  
Provide cardiopulmonary  
resuscitation

# AID your career with FIRST AID

GET READY. GET SKILLED.  
GET PAID!



### FAST FACTS...



This course covers both the  
HLTAID011 Provide First Aid &  
HLTAID009 Provide cardiopulmonary  
resuscitation



First Aid - 1 full day (9am to 5pm)  
covers practicals + Pre-online  
theory questions



CPR - ½ day (3hrs) + Pre-online  
theory questions  
- 8 hours full course



Online + Face to face



First Aid & CPR \$99  
CPR (Only) \$50

### Accidents can happen anywhere and at any time, are you equipped to help?

The WHS Act requires all Australian employers (PCBU's) to have an adequate number of trained people in First Aid available in the workplace.

This course gives you a competitive edge if applying for work or it may help you become a first-aid officer if you are already employed, either way this course is a huge tick!

The 'PRESTIGE-ous' course equips participants with the skills and knowledge to confidently and correctly perform First Aid on a range of injuries and illnesses including performing CPR.

The ARC (Australian Resuscitation Council) guidelines, recommends that CPR is updated every year and First Aid every 3 years. If you already have a current first aid certificate, you can join the half-day course focusing solely on performing CPR. This keeps you valid for another 12 months. Upon successful completion of either program, you will earn a Nationally Recognised 'Statement of Attainment' for the unit/s you have completed.

Prior to the course commencement date, we will provide you with pre-course literature to be submitted a week before the start date (this will allow time for any revisions that may be needed).

So, what are you waiting for? Invest in your future and get ready to increase your employment opportunities today!

Contact Prestige Health & Wellness today to FAST-START your career.  
Call: (07) 5667 7224 or Email: [learnmore@pst.edu.au](mailto:learnmore@pst.edu.au)



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& Wellness